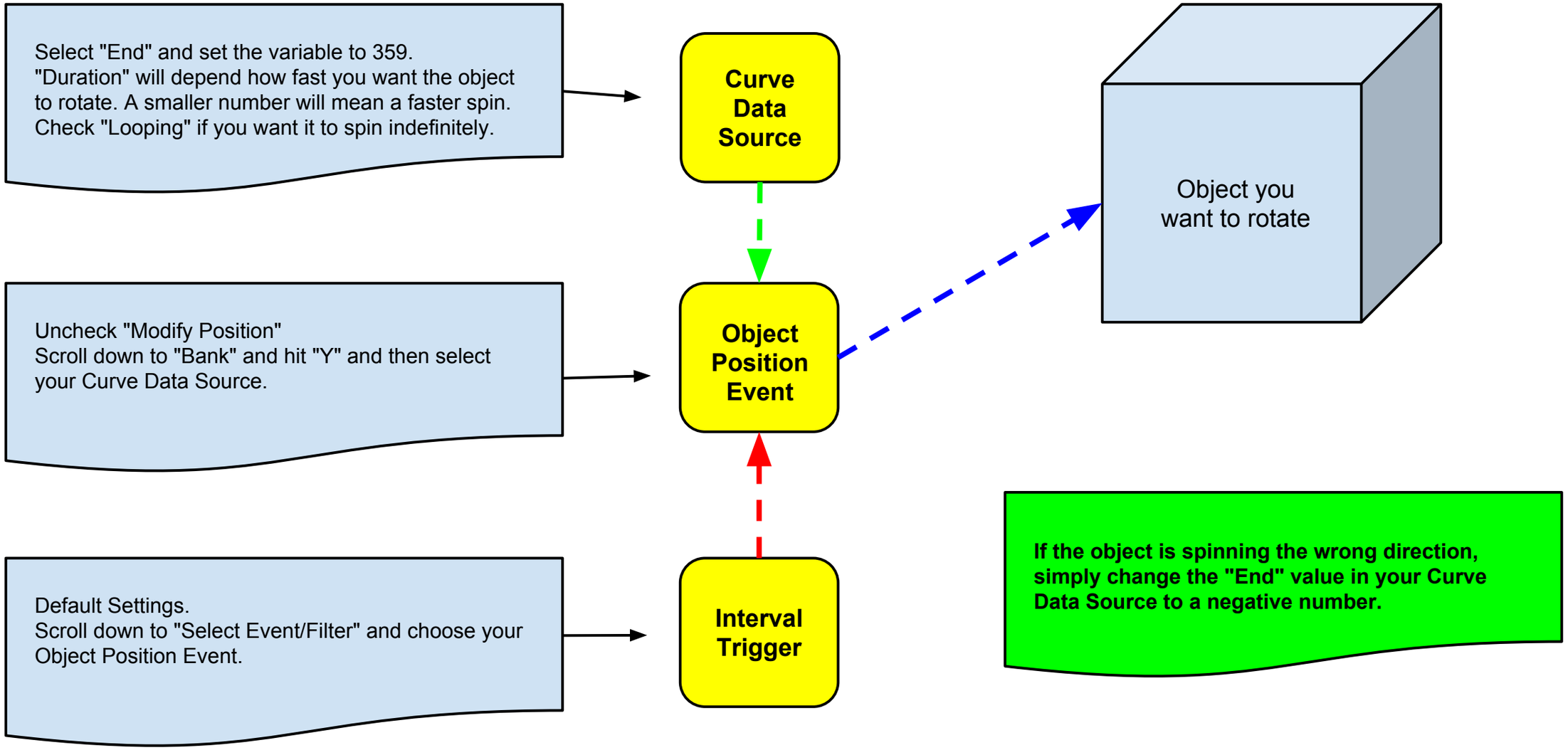
Select "End" and set the variable to 359.
"Duration" will depend how fast you want the object to rotate. A smaller number will mean a faster spin.
Check "Looping" if you want it to spin indefinitely.
Curve Data Source
Uncheck "Modify Position"
Scroll down to "Bank" and hit "Y" and then select your Curve Data Source.
Object Position Event
Object you want to rotate
Default Settings.
Scroll down to "Select Event/Filter" and choose your Object Position Event.
Interval Trigger
If the object is spinning the wrong direction, simply change the "End" value in your Curve Data Source to a negative number.